Tanger
SAFARIS & CULTURE



SAMPLE ITINERARY

7 Days Empakaai to Lake Natron Trek

The heart of the Crater Highlands on foot, then a drive down the Rift Valley to Lake Natron.

DURATION	STARTS	STYLE	PRICE
7 Days / 6 Nights	Arusha	Mid-range	On request

Route: Arusha → Ngorongoro → Lake Natron

Kiserian, Arusha, Tanzania · www.tangersafaris.com
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YOUR JOURNEY

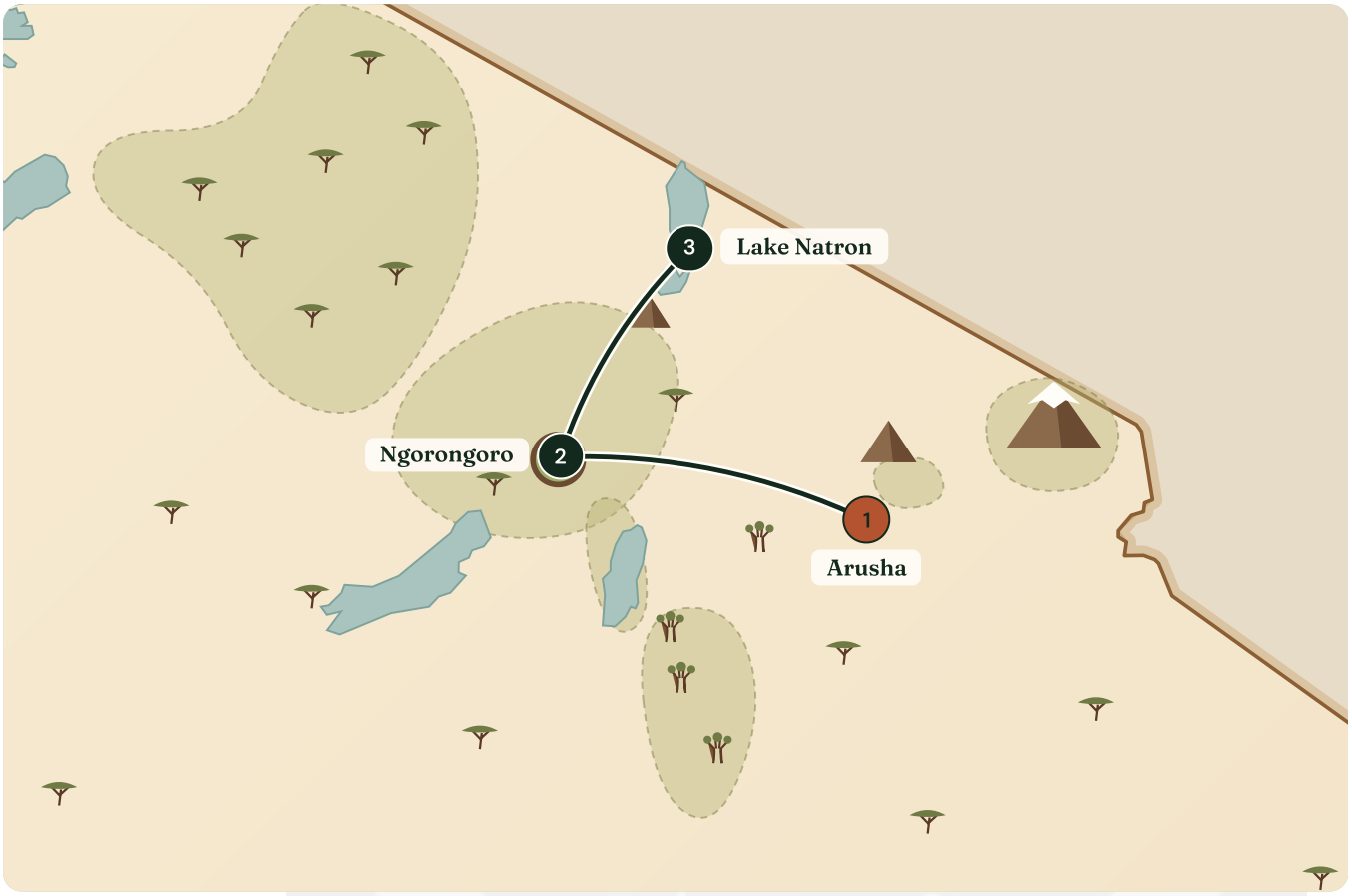
The *overview*

This shorter version keeps the best of the walk: a game drive in Ngorongoro Crater, then two days with Maasai guides and pack donkeys to Olmoti and Empakaai. A vehicle then takes you down the wall of the Rift Valley to Lake Natron.

Highlights

- Olmoti and Empakaai craters
- Maasai guides and pack donkeys
- Ngorongoro Crater game drive
- Rift Valley drive
- A night at Lake Natron

Your *route*



Journey start · Stop · By road

Illustrative map, not to be used for navigation.

Day 1	Arrival in Arusha
Day 2	Arusha – Ngorongoro Crater Rim
Day 3	Ngorongoro Crater – Nainokanoka
Day 4	Nainokanoka – Olmoti Crater
Day 5	Olmoti – Empakaai Crater
Day 6	Empakaai Crater – Lake Natron
Day 7	Lake Natron – Arusha and Departure

Day by *day*

DAY 1

Arrival in Arusha

Arrive in northern Tanzania, where a Tanger Safaris representative welcomes you and provides a private transfer to your Arusha accommodation. Settle in, recover from the flight and go through the plan for the days ahead.

Personal airport welcome | Private transfer | Briefing and route review

TRAVEL
Approximately 45–75 minutes from Kilimanjaro International Airport, depending on traffic.

MEALS
Dinner, depending on arrival time

STAY
Hotel in Arusha, confirmed in the final quotation.

DAY 2

Arusha – Ngorongoro Crater Rim

Drive through the Rift Valley to the Ngorongoro rim, stopping at Mto wa Mbu, and meet your walking crew in the evening.

Rift Valley views | Mto wa Mbu village | Trek briefing

TRAVEL
Usually 3–4 hours by road, with stops.

MEALS
Breakfast, lunch and dinner

STAY
Lodge in the Ngorongoro Highlands, confirmed in the final quotation.

DAY 3

Ngorongoro Crater – Nainokanoka

Descend for a morning game drive on the crater floor, then drive along the rim to the Maasai village of Nainokanoka, where the donkeys are loaded for the trek.

Crater game drive | Meeting your donkeys | First fly camp

TRAVEL
A full morning in the crater, then about 1.5 hours by road.

MEALS
Breakfast, lunch and dinner

STAY
Fly camp at Nainokanoka, about 2,350 m.



NGORONGORO HIGHLANDS
Walking with a Maasai guide



NGORONGORO HIGHLANDS
A Maasai herder and goats

DAY 4

Nainokanoka – Olmoti Crater

Walk through grazing land to Olmoti, a shallow crater where Maasai cattle graze near a waterfall. Camp nearby on the open highlands.

Olmoti Crater rim | Munge waterfall | Maasai grazing land

TRAVEL
Usually 4–6 hours of walking.

MEALS
Breakfast, lunch and dinner

STAY
Fly camp near Olmoti, about 3,000 m.

DAY 5

Olmoti – Empakaai Crater

A long, beautiful walk across rolling highlands to the rim of Empakaai, with its deep soda lake and forest walls.

Rolling highland walk | Empakaai's rim | Sunset over the crater

TRAVEL
Usually 6–8 hours of walking.

MEALS
Breakfast, lunch and dinner

STAY
Fly camp on the Empakaai rim, about 3,000 m.

DAY 6

Empakaai Crater – Lake Natron

Walk down to Empakaai's soda lake and back up in the morning cool, then say goodbye to your donkeys and drive down the Rift Valley wall to Lake Natron, watching Ol Doinyo Lengai grow ahead of you.

Empakaai's crater lake | Rift Valley descent | Lake Natron sunset

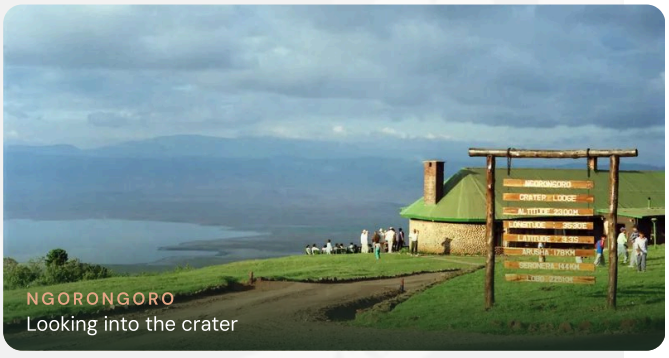
TRAVEL
Usually 3–4 hours of walking, then about 3 hours on rough roads.

MEALS
Breakfast, lunch and dinner

STAY
Camp at Lake Natron, confirmed in the final quotation.



NGORONGORO HIGHLANDS
A Maasai homestead



NGORONGORO
Looking into the crater

DAY 7

Lake Natron – Arusha and Departure

Leave early for the rough but scenic road back to Arusha in time for your onward connection.

Rift Valley road | Maasai country | Departure transfer

TRAVEL
Usually 5–6 hours on rough roads. Please book evening flights or stay an extra night.

MEALS
Breakfast and lunch

STAY
No accommodation included unless an extension is requested.



Mid-range

Fly camps, a highland lodge and Natron camp

Simple, mobile fly camps on the trek, with a lodge at the start and a camp at Lake Natron. Exact properties are confirmed in your tailored quotation.

Included

- Private vehicle and driver-guide
- Maasai walking guides, armed ranger and pack donkeys
- Ngorongoro Conservation Area fees
- Tents and shared camp equipment
- All meals and treated drinking water while trekking
- Airport transfers

Not included

- International flights
- Tanzania visa and travel insurance
- Personal walking clothing and boots
- Crew tips and personal expenses
- Drinks not listed as included

Make this journey *yours*

This itinerary is a starting point. Tell us your dates, travellers and interests, and Irene and Wilfried will reply with a tailored proposal, usually the same day.

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Prices are per person sharing and depend on dates, group size and confirmed accommodation; all accommodation is subject to availability. Routes, times and wildlife sightings can vary with season, weather and park rules. Exact properties and final inclusions are confirmed in your quotation.